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### FACT SHEET

- WHO:** The City of Coral Gables and the Florida farmers will begin the sixteenth season of the Coral Gables Farmers Market.
- WHAT:** The Coral Gables Farmers Market is a small outdoor european-style greenmarket located in the heart of Coral Gables. The market brings to the City the freshest produce grown in South Florida. Shoppers buy direct from the farmers. Fresh baked goods and flowers are also available.
- WHEN:** Each Saturday from January 13 through March 31, 2007; market hours are from 8:00 a.m. to 1:00 p.m.
- WHERE:** Downtown Coral Gables, in front of City Hall, 405 Biltmore Way

### **WHAT'S AVAILABLE AT THE MARKET**

- PRODUCE:** A colorful and tasty selection of just-picked local vegetables including onions, peppers, beans, eggplants, tomatoes, herbs, and fruits ranging from the gourmet to the gargantuan. Plenty of Dade County strawberries. Starter plants, too.
- PREPARED FOODS:** A variety of fresh-squeezed juices, honey, preserves, pestos, milkshakes, chutneys, cream cheeses, etc.
- BAKED GOODS:** Pies, cakes, muffins, breads, cookies, and pastries from local bakeries.
- ORNAMENTAL PLANTS:** A large variety of flowering plants, fruit trees, greenhouse plants, shrubs for indoor/outdoor use, as well as fresh cut flowers.
- TAI CHI:** Early morning (8:00 a.m.) Tai Chi sessions, conducted by Al Agon of Perfect Balance.
- GARDENING WORKSHOPS:** Recognized horticultural experts conduct outdoor workshops on herb and vegetable gardening, citrus, and more (weekly at 9:00 a.m.).
- COOKING DEMOS:** Coral Gables master chefs prepare a dish with market produce and give out samples and recipes (weekly at 10:00 a.m.).
- CHILDREN'S ACTIVITIES:** A children's program is hosted by Books & Books and the City of Coral Gables, complete with book readings, story telling and other fun workshops (weekly at 11:00 a.m.).
- PARKING:** Free parking for customers is offered at City Municipal Garage No. 4 (345 Andalusia Ave.), across the street from the Market.